



Metuchen Public Schools: The 2025-2026 Wellness Scorecard

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Cultivating Health, Community and Active Lifestyles

Nutrition

Standards

100% HHFKA compliant; interactive menus, Smart Snack Compliant cafeteria.

Elevated Choices

Farm Stand, dynamic Chef Days: Sushi and Flavors around the World.

Nutritional Signage

Your Plate posters & menus permanently displayed in all service areas.

Share My Meals Partnership



2,873

Meals Recovered



3,622

lbs Food Saved



14,923

lbs CO2 Avoided

Active Lifestyle

Elementary

Daily classroom activity breaks (GoNoodle, mindful movement), active recess, and special events (Field Day, Bike Brigade)

Secondary

Intramurals, team activities, competitive sports, and diverse interest clubs.

Additional Activities:

Blood Drive, Power of Friendship, Crochet Club, Peers to volunteers, Safety Ambassadors, EMS Friends, Unified PE

2025-2026 Findings & Action Plan

Assessment

Policy and Administration

District Wellness Committee is established with broad representation, current policy is posted publicly.

Model Policy Alignment

Our policy is in high alignment with the Model Policy

Recommendations

There are no recommended policy changes at this time.

Action Plan

Parent Resources

Actively share the Jersey Fresh Farm to School website for nutritional resources on our school district website

Student Engagement

Gather more student input on wellness activities

Nutrition Education

Identify ways beyond curriculum to provide direct nutrition education to reach 100% of students.

Compliance

Work towards 100% of school-day fundraisers being Smart Snack Compliant.



Thank You!

